

LIVING FEARLESS: Imagine Your Life without Fear

CHOOSING NOT TO LIVE IN FEAR

June 13, 2010; Part 1

What If Faith, Not Fear, Was Your Default Reaction To Threats?

Why Are You Afraid?

Matthew 8:23-26

The Story Line

1. _____
2. _____

"In this world you will have trouble, but **be brave!** I have defeated the world."
John 16:33 NCV

3. _____

"Jesus was at the back of the boat, **sleeping** with his head on a cushion." *Mark 4:38 NCV*

The Problem of Fear

1. Fear corrodes our confidence in _____
2. Fear is a perceived _____
3. Fear creates _____

Mark 4:23; 8:1-3, 13; 8:14-15; 8:16

4. When fear shapes our lives, _____
becomes _____

5. The fear filled cannot _____. love is risky

6. The fear filled cannot _____

The One Statement Jesus Made More than Any Other

1. Fear is not a sin. But fear can _____
2. If we medicate our fear we exclude _____
_____ and intensify the problem

"God did not give us a spirit that makes us afraid but a spirit of power and love and self-control." *2 Timothy 1:7 NCV*

Fear May Fill Our World, but It Doesn't Have To _____

- We can fear less _____ than we do today

"What kind of man is this? Even the wind and the waves obey him!"
Matthew 8:27 NCV

This Week:

1. Analyze your fears from this past week: What caused them? What did you do about them? How did you involve God in facing them? What pattern can you see?
2. Meditate on *2 Timothy 1:7*. Repeat the verse as often as you can through out the week