

Rekindling the Fires of Love

How To Create Change pt. 2

Part 4; February 14, 2010

Communicate Unqualified Commitment: *Positive Affirmations of Affection and Commitment*

Headship & Submission: *Know and Fulfill Your Role*

Attitude: *"Lord, whatever I need to do to be the husband/wife my partner needs, I am willing to do it"*

N _____

"Therefore **repent** and turn back, that your sins may be wiped out so that seasons of refreshing may come from the presence of the Lord," *Acts 3:19 HCSB*

"Summing it all up, friends, I'd say you'll do best by **filling your minds and meditating on** things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse." *Philippians 4:8 MSG*

1. Popular Misconception:



2. A More Biblical Concept:



- 1) Submit to the _____
- 2) Saturate new behavior _____
- 3) _____ – this is ministry to your partner
- 4) _____ the barriers, bad habits, and hang-ups
- 5) _____ - affirmation
- 6) Work on communication: _____ my/our feelings, struggles, desires, dreams, hopes and longings
- 7) God blesses the relationship

G _____

- What if God Designed Marriage to _____?

"**We make it our aim** to be pleasing to Him (*HCSB*) - **Cheerfully** pleasing God is the main thing" (*MSG*) *2 Corinthians 5:9*

"Knowledge inflates with pride, but **love builds up.**" *1 Corinthians 8:1 HCSB*

- Why would I continue to do any behavior / hold on to any attitude that I know _____ and / or is not pleasing to God?

E _____

"**Relish life** with the spouse you love Each and every day ..." *Ecclesiastes 9:9 MSG*

1. _____% of the conflicts I have with my partner are not resolvable

- Deep, profound differences are the reality of every marriage. It's the absence _____ that makes them irreconcilable

2. _____ and focus on ways that our differences are not hindrances

- Excel at the _____

3. Practice verbal Affirmations and Compliments

- _____

4. Remember _____. Feelings also influence thought.

"We are **taking every thought captive** to the obedience of Christ," *2 Corinthians 10:5 NASB*

5. Practice Hugs and Kisses

- 1 _____ every week
- 1 _____ every 6 weeks
- 1 _____ every 6 months