

SERMON NOTES: ----- Pastor Jack Bracy

40 Days of Love
LOVE IS NOT EASILY ANGERED

May 17, 2009 - Part 5

Love is **not easily angered**. *1 Corinthians 13:5 NIV*

HOW DO YOU TAME YOUR TEMPER?

1. Resolve _____

A fool gives full vent to his anger, but a wise man keeps himself under control. *Proverbs 29:11 TLB*

2. Remember _____

A hot-tempered man . . . gets into all kinds of trouble. *Proverbs 29:22 TLB*

Proverbs 15:18 GNB Hot tempers cause arguments.
Proverbs 14:29 TLB . . . anger causes mistakes.
Proverbs 14:17 GNB People with hot tempers do foolish things.

The fool who provokes his family to anger and resentment will finally have nothing worthwhile left. *Proverbs 11:29 TLB*

3. Reflect _____

A stupid man gives free rein to his anger; **a wise man** waits and lets it grow cool. *Proverbs 29:11 NEB*

A man's **wisdom** gives him patience. *Proverbs 19:11 NIV*

Ask 3 questions:

Lord, help me control my tongue; help me be careful about what I say.
Psalm 141:3 NCV

Drinking too much makes you loud and foolish. It's stupid to get drunk.
Proverbs 20:1 TEV

4. Release _____

If you become angry, **don't let your anger lead you into sin**.
Ephesians 4:26 GNB

A gentle answer quiets anger, but a harsh one stirs it up.
Proverbs 15:1 TEV

5. Re-Pattern _____

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. *Romans 12:2a NLT*

Keep away from angry, short-tempered people, or you will learn to be like them . . . *Proverbs 22:24 NLT*

6. Rely _____

Patience and encouragement come from God. I pray God will help you all agree with each other the way Christ Jesus wants. *Romans 15:5 NCV*

The fruit of the Spirit is...patience *Galatians 5:22 NIV*

"Whatever is **in your heart** determines what you say." *Matthew 12:34 NIV*

I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed. *Ezekiel 36:26 MSG*